



rockford rescue mission
rescue + recover + restore

NEEDS LIST

(Updated May 2011)

CANNED GOODS

Fruit (in own juice)
Cranberry Sauce
Creamed Soups
Tuna
Vegetables (peas, carrots, green beans)

CLOTHING

Black Pants (men's & women's)
Rain Ponchos
Scrubs (3X, 4X, 5X)
Underwear (women's & men's, all sizes)
White Button-Down Shirts (men's & women's)

FRESH FOODS

Cheese (sliced American)
Cheese (shredded Mozzarella, Swiss, Cheddar)
Fruit
Meat (breakfast sausage links, chicken breasts, ground beef)
Minced Garlic
Nuts
Potatoes
Vegetables (onions, celery, lettuce, peppers, carrots)
Yogurt

FURNITURE

Dressers (5)
Picnic Tables (2)
Sofa/Oversized Chairs (2)
Wardrobes (3)

MISCELLANEOUS

Batteries (AAA)
Bleach
Bus Tokens
Computers (2005 or newer)
Copy Paper
Deodorant (men's & women's, travel & regular size)
Disposable Gloves (latex- free, non-powdered)
Hair Color (Blonde & Brunette)
Hair Products (African-American)
Hand Sanitizer
Laundry Soap (powdered)
Lotion (travel-size)
Lysol Disinfectant Spray

- Mattress Covers (plastic, twin)
- Mop Heads (20 oz.)
- Mouthwash (non-alcohol)
- Panty Hose (M-XXL)
- Pillows/Pillow Covers
- Pull-Ups (20-35 lbs)
- Razors (disposable men & women)
- Shampoo (travel-size)
- Sheets (full size)
- Shower Curtains (4)
- Shower Mats (4)
- Soap (travel-size)
- Spiral Notebooks
- Strollers
- Toothpaste (travel size)
- Trash Bags (40 & 60 gallon)
- Umbrellas
- Vaseline
- Washcloths

OVER THE COUNTER MEDS

- Antacids
- Antibacterial Ointment (individual packets)
- Antifungal Cream
- Cold Compress
- Cold Medicine (Halls, sinus medication)
- Eye Drops
- Nasal Spray
- Vitamins (Adult One a Day, Iron, Calcium, multi-vitamins and B Complex)

PAPER PRODUCTS

- Foam Cups (8 oz) & Bowls (12 oz)
- Napkins
- Paper Plates
- Paper Towels
- Toilet Paper

STAPLES

- 100% Fruit Juice
- Butter or Margarine
- Drink Mixes (pre-sweetened)
- Dry Beans
- Ketchup/Mustard
- Mayonnaise/Miracle Whip
- Oatmeal/Grits/Malt-O-Meal
- Salt and Pepper
- Salad Dressing
- Seasonings
- Spaghetti Sauce
- Sugar/Brown Sugar (granulated & powdered)
- Syrup