

WHAT ROCKFORD RESCUE
MISSION **MEANS TO ME:**

*"I now have my hope back!
I know that life will be
completely different from
now on."*

*"RRM saved my life!
Without them, I have no
idea where I would be!"*

*"Drugs had completely
consumed my life. Now Christ
is my complete focus. I owe
everything to RRM for bringing
me to this place in my life."*

*"Now I have the tools to
attack life head on and make
a difference. Not only for me,
but for my entire family!"*

*"It is never too late to
be the person that God
wants you to be!"*



rockford rescue mission
rescue + recover + restore

PLACE
POSTAGE
HERE

Rockford Rescue Mission
715 W. Stete Street
Rockford, IL 61102



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LIFE RECOVERY PROGRAMS



*"The Rockford Rescue Mission shares
hope and help in Jesus' name to move people
from homelessness and despair toward
personal and spiritual wholeness."*

www.rockfordrescuemission.org
815.965.5332

ASSESSMENT:

Applicants for the Life Recovery Program are assessed in six areas:

- Withdrawal Potential
- Biomedical Conditions
- Emotional/Behavioral Conditions
- Resistance/Acceptance
- Relapse Potential
- Recovery Environment

PROGRAM DESCRIPTION:

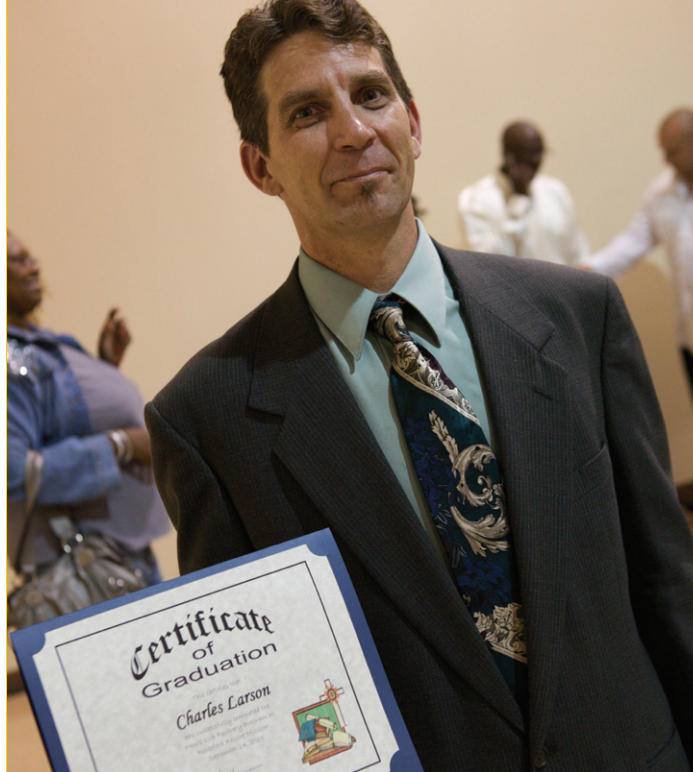
The Life Recovery Program is a 9 to 12 month in-house program for those struggling with life controlling issues. *There is an additional year of aftercare support (residential or non-residential). The program also offers transitional housing assistance to those who qualify.

FEES:

Due to the generosity of community friends, families, churches and organizations, all of the services offered at the Rockford Rescue Mission (including the Life Recovery Programs) are provided free of charge.

CREDENTIALS:

Rockford Rescue Mission is a State Certified Recovery Home, licensed by the state of Illinois Department of Alcohol and Substance Abuse. Our trained staff is composed of Certified Alcohol and Drug Counselors and Nationally Certified Recovery Specialists through the state of Illinois and the Illinois Alcohol and Other Drug Abuse Professional Certification Association (I.A.O.D.A.P.C.A.).



THE GENESIS RELAPSE PREVENTION TOOL:

The Genesis Process is a 10 step recovery model used by the Life Recovery Program. It is a Bible based relapse prevention curriculum. Participants begin to identify faulty beliefs and replace them with truth from the Word of God. Genesis counselors assist residents in creating individualized plans for relapse prevention.

The Genesis Process allows the resident to turn mistakes into growth, reduce self-sabotaging behaviors and address the root cause of behaviors.

RECOVER

As a State Certified Life Recovery Home, we offer stability and change for men, women and mothers with children who are caught in self-destructive lifestyles.

WE OFFER:

- Christ-centered residential recovery
- Individual case management, counseling and support groups
- Referrals to area providers
- Church participation
- Work readiness and community service opportunities
- Free medical care including testing, treatment for non-chronic ailments, referrals, dental and chiropractic care
- Adult education including reading, computer literacy, math, memory building, GED and high school diploma preparation
- Life skills training, anger management, abuse awareness and more
- Vocational training in the food service industry
- Career development and job referrals
- Safe environment for women and their children to recover together
- "Family Matters" relationship building workshops
- "You're Not Alone (when there's an addict in the family)" support group
- Training for Family Members on addiction, boundaries and co-dependency